



CHILD CARE AND LEARNING CENTER

6285 Ridgewood Drive  
Horn Lake, MS 38637



### Happy Birthday

- Collin P 4/13
- JeMaurius P. 4/14
- Kyla G. 4/19
- Krashila C. 4/22
- Darius H. 4/28
- Jonathan P. 4/30

**Report Cards  
will be  
Ready for parents  
to discuss with  
MITI Kids teachers on  
Thursday April 8, 2010**

### Volunteers Needed

1. April 9th, 23rd, & 28th visits to local Kindergarten classes from 10 to 11:30 a.m.
- 2.. Lunchtime Pal daily 10:45 a.m. to 11:45
3. Granny's Apples 3/23 10:00 to 10:45 a.m.
4. Playground Safety Eyes 9:30 to 10:30 or 2:30 p.m.to 3:30 p.m.

*By: Patricia McKinney  
Proud Parent of a  
MITI Kids' Student*

After a hard day's work, you open the door and get a view of the sofa and imagine plopping down to unwind. Charging towards you is your precious little one who's craving for ALL of your attention. How can you prepare dinner, throw in a load of laundry and complete long list of other chores PLUS spend time with your child? Maybe they can watch television while you get things done and then you can finally relax, right? There's a much better option.

Allow them to help you! Yes, it will take a little longer, but this time could be loads of fun and used to enhance learning. During dinner, allow your child to help measure ingredients. They will become familiar with cooking utensils as well as math skills. You can also do color drills of various veggies, counting the amount of broccoli spears, recognizing shapes of food. It

### Parents After Hours Relaxation

doesn't hurt if you refer to your child as "chef" and you are their assistant!

When washing, help separate white and colored clothes. Once the clothes have been washed are finished, pass items to your preschooler and let them put them in the dryer. Once they are dry, allow them to fold smaller articles to start. This is a popular chore at my house because my daughter and I pretend towels are pizzas. We "deliver" the folded pizzas to the linen closet where our "customers" are. She looks forward to laundry day and can't contain herself when we get to the folding part!

While putting toys away, make a game of it. Set the timer to see how fast they can throw everything in the toy box. It's amazing how they become enthused about cleaning up. I used to beg and plead with my 4-year-old to pick up her toys each night but this speed game made it fun for her and the job was

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Allowing children to help you with chores not only allows you to incorporate learning elements but they become familiar with responsibility and teamwork. It's a win-win...you've gotten a list of things done and made lasting memories. Now your relaxation can be much sweeter.